



# CAMP ADVENTURE 2016

## 4/5-Day Packing List

What You'll Need to Bring					
#	Clothing / Accessories	✓	#	Equipment	✓
1	Sleeping Bag		1	Flashlight	
1	Pillow and pillow case		1	Insect repellent	
1	Blanket		1	Sunscreen	
3	Long pants		1	Water bottle	
3	Shorts		1-2	Beach towels	
7	Underwear		1	Face cloth	
1-2	Bathing suits (one piece for girls)		1	Hat for sun protection	
4	T-shirts			<b>Toiletry kit:</b>	
1-2	Long sleeved shirts			Toothpaste	
7	Socks (wool is warmest)			Toothbrush	
2	Sweaters			Soap	
1	Running or Hiking shoes			Shampoo	
1	Rubber boots			Brush/comb	
1	Raincoat			<b>Optional:</b>	
1	Sun/baseball hat			Small backpack for hiking	
1	Warm jacket			Camera	
1	Winter toque & gloves			Book to read	
1-2	Pajamas			Stuffed animal	

**ADDITIONAL SUPPORT:** If your child is missing any items, please don't hesitate to contact us as we have extra supplies on hand. To ensure we have what your child needs, please email us at [campadventure@bgcc.ab.ca](mailto:campadventure@bgcc.ab.ca)

### IMPORTANT RULES TO FOLLOW:

- Please make sure to label all of your child's belongings
- No MP3 players, video games, cell phones, food or money - these items will be confiscated for the duration of camp.
- Medications **must** be in their original packaging and are to be given to the medic upon dropping your child off at BGCC on the first day of camp.
- Camp Adventure is an alcohol-free, tobacco-free and drug-free environment.
- Any material of a violent or discriminatory nature must not be brought to camp.
- **Food cannot be consumed or stored in the tipis as this will attract animals and could become dangerous.** If you have any concerns, please talk to us beforehand.