



# Boys & Girls Clubs of Calgary

## FALCONRIDGE CLUB

95 Falshire Dr. NE  
403-543-9672  
September 6 - October 14, 2016



### Fall #1 2016 Program Schedule

	<b>M o n</b>	<b>T u e s</b>	<b>W e d</b>	<b>T h u r s</b>	<b>F r i</b>
<b>Morning/ Lunch</b>	<b>Terry Fox Lunch Drop-In</b> 12:00 - 12:30pm	<b>Terry Fox Lunch Drop-In</b> 12:00 - 12:30pm	<b>Terry Fox Lunch Drop-In</b> 12:00 - 12:30pm	<b>Terry Fox Lunch Drop-In</b> 12:00 - 12:30pm	
<b>Afterschool Programs</b>		<b>Gym Drop-in</b> (OFF-SITE) 3 - 6pm			<b>Antyx Digital Arts</b> 3 - 5pm
<b>Evening Programs.</b>	<b>Teen Basketball</b> (OFF-SITE) 6:30 - 8:30pm	<b>Urban Art</b> 6:30 - 8:30pm		<b>Keystone</b> (OFF-SITE) Ages 14-18 6:00 - 9 :00pm	<b>Teen Drop-In</b> 6:30 - 9:30pm

**Teens must have a membership package signed by parents/guardians to participate in afterschool and evening programs.**



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## Teen Program Descriptions

Afterschool	Evening	
<p><u>Gym Drop-In</u> In this program you will be transported to our Forest Lawn Club to participate in a variety of gym games. Participants will need to meet at the Falconridge Club for 3:45pm.</p>	<p><u>Teen Basketball</u> (This is an <b>OFF-SITE</b> program) This program will be played in a round-robin style against the other clubs. Every week you will play against a different team. Increasing your basketball skill and while having fun.</p>	
<p><u>Antyx Digital Arts</u> Join Antyx Community Arts in exploring how you can develop your skills in digital arts, such as photography, animation, and video. You will receive hands on training in media production and create digital projects about issues that are important</p>	<p><u>Urban Arts</u> Come and hang out at the Falconridge Club to explore different forms of art. The main mediums for this program will be painting and drawing.</p>	
	<p><u>Keystone</u> (Ages 14 - 18) (OFF-SITE) Keystone, a BGC national program, helps youth 14 and older channel their energy in a positive direction. It focuses on leadership, education and career development, economic and political awareness, and social recreation</p>	
	<p><u>Teen Drop In</u> This is a safe and welcoming place for youth to hang out. Teens will participate in a variety of activities which will help them gain confidence, self-esteem and provide them with new skills for life</p>	